



August 17<sup>th</sup>, 2022  
SNHU Event Center  
5.75 Contact Hours  
Breakfast and Lunch Included

**Bring a team from your school!**  
**Nurses, Counselors, Social Workers,  
Psychologists**

8:00 to 9:00	Breakfast, registration, and networking
9:00 to 10:00	<p><b>Dr. Steve Sobel, Inspirational Speaker</b></p> <p><i>Dr. Steve provides you with his unique ideas to bringing more laughter, joy and optimism into your life which enables you to bring more optimism to the students you work with. Those who laugh, will last, especially when life becomes most challenging.</i></p>
10:00 To 11:30	<p><b>Emerging Trends in Student Mental Health</b> Lisa Hayward, Ph.D. Prevention Coordinator, Office of Social and Emotional Wellness Heather Clogston, M.Ed. MTSS-B Consultant Lakes Region NH Department of Education, Office of Social and Emotional Wellness</p> <p><i>This presentation will focus on post-pandemic mental health in K-12 students through a comparative exploration of New Hampshire's Youth Risk Behavior Survey data from 2019 and 2021 (if available). Participants will be able to recognize emerging trends and areas of growing concern throughout the state and will be able to identify strategies and resources for holistic intervention. There will be a breakout session for school wellness staff to explore regional findings.</i></p>
11:30 to 12:30	<p><b>Communication Tools and Strategies to Improve Student Wellness</b> Molly White, M.Ed., MTSS-B Consultant South West Region Stefanie King, MAT MTSS-B Consultant South East Region NH Department of Education, Office of Social and Emotional Wellness</p> <p><i>This presentation will explore publicly available tools and strategies to help school wellness staff increase communication and align supports for students. Through the NH Multi-Tiered System of Supports for Behavioral Health and Wellness (MTSS-B) framework, participants will reflect on current teaming structures, communication, student request for assistance processes, and facilitated referral pathways.</i></p>
12:30 to 1:15	<b>Lunch Provided</b>
1:15 to 2:15	<p><b>Through the Special Lens of the McKinney-Vento Homeless Act</b> Talley Westerberg LICSW Winnacunnet High School</p>
2:15 to 2:30	<p><b>Meet the Associations</b></p> <p><i>Collaborative partners on this conference, each of the following associations will give a brief overview of their work. <a href="#">School Nurse Association</a>, <a href="#">School Counselor Association</a>, <a href="#">School Social Workers' Association</a>, <a href="#">School Psychologist Association</a></i></p>
2:30 to 3:30	<p><b>Case Study Presentation</b></p> <p><i>After the case study is presented, it will be discussed in breakout sessions by region. Feed back from the regional discussions will be shared.</i></p>