

Charting the Course for Student Success

May 2nd and 3rd, 2015 Saturday and Sunday



LOCATION: Sheraton Portsmouth Harborside Hotel

250 Market Street · Portsmouth, New Hampshire, 03801

A limited number of rooms have been reserved at a discounted price. Email Pam Murphy directly who can help you secure the discounted rate. pmurphy@conval.edu

May 1st: For those arriving Friday night, Conference Registration is open 5:00 to 8:00 in our special "Hospitality Room". Join us for informal networking, refreshments and information on all that Portsmouth has to offer. The room number for this gathering will be emailed to you closer to the date.

Conference Fees: Up to 8.25 CEU

This activity has been submitted to Northeast Multi-State Division (NE-MSD) for approval to award contact hours. NE-MSD is accredited as an approval of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

- **One Day, Saturday May 2nd – \$159.00 (\$184 after April 24th)**

If you can't join us for two days, then please join us for one!

- **Two Days: Sat and Sun May 2nd and 3rd – \$189.00 (\$214 after April 24th)**

Join us for two days. Breakfast provided both days, Lunch provided on Sat. May 2nd. The Under Belly Tour and the commemorative pendant are separate charges.

Refunds will be issued for all cancellations received by April 24th. A \$25.00 administrative fee will be charged for all refunds. "No shows" are subject to the full course fee. Cancellations must be made in writing to NHSNA@comcast.net. You may send a substitute in your place by emailing NHSNA@comcast.net.

A \$25 late registration fee will be charged after April 17th. This course is subject to change and/or cancellation.

Conference Extras!



The Portsmouth Underbelly Historic Walking Tour is all the history you want to know that is not included in the history books. It's all true – it's just a little naughty.

SORRY, THIS ACTIVITY HAS SOLD OUT!

Commemorative Pendant Keepsake: How often have you attended a conference and look for that special memento to bring home to proudly wear or give as a gift? This pendant is 1" in diameter and crafted of sterling silver. The theme of the 2015 New England School Nurse Conference "Charting the Course for Student Success" has been custom designed into the pendant

Cost of the Pendant is \$30.00. It was designed for us by [Lovell Designs](#). A complimentary chain will be included to the first 30 individuals to purchase the pendant.



It is a beautiful keepsake you will be proud to wear for years to come.

ADD your preorder to your registration OR send E-mail to NHSNA@comcast.net

New England School Nurse Conference

CONFERENCE AGENDA

Saturday, May 2, 2015 7:45 to 4:30

7:45 - 8:45	<p>Registration and Breakfast Our Hospitality committee will be available to give you information on all that historic Portsmouth has to offer.</p>	Main Hall
8:45 - 9:15	Welcome Address	Grand Ballroom
9:15 – 10:30	<p><i>When Worry Shows Up: Strategies for Working with Anxious Kids</i> Lynn Lyons, LICSW, is a licensed clinical social worker and psychotherapist who lives in Concord, New Hampshire and is in private practice there. Lynn specializes in the treatment of anxiety disorders in adults and children, with a special interest in breaking the generational cycle of worry in families. School nurses are on the front lines of dealing with anxious children, teens, and parents. Anxious kids seek out the school nurse in order to deal with their somatic symptoms, and/or to simply avoid and escape anxiety triggers in school. In this workshop, participants will learn how to quickly identify the patterns of anxious students and parents, and to work with students, families, and other school staff to step away from the common pitfalls of accommodation, reassurance, and avoidance. The school nurse’s critical role in skill-based 504 accommodation plans will be discussed.</p>	Grand Ballroom
10:30 11:00	Break / Exhibition Hall	Exhibition Hall
11:00 12:15	<p><i>BREAKOUTS</i> Please be sure to choose a first and second choice from the three available breakouts on your registration form</p> <ol style="list-style-type: none"> 1. <i>Role of the School Nurse in Championing Evidence Based Suicide Prevention Programming</i> Meghan Diamon, MSW, LCSW Youth Programs Manager, Mentalhealthscreening.org 2. <i>Emerging and Re-Emerging Diseases: The School Nurse Role</i> Meghan May, PhD Assistant Professor of Biomedical Sciences University of New England Emerging and re-emerging infectious diseases are increasingly recognized as a threat to community health. School nurses are likely to be some of the first-line "diagnosticians" of clusters of unusual clinical presentations, and therefore play a key role in reporting and recognizing emerging disease outbreaks. This presentation will describe some of the factors that contribute to emerging and re-emerging diseases, and some of the "red flags" for new and reportable illnesses in school-age children. 3. <i>Using Google tools: Staying Organized and Communicating Effectively</i> Ruth Behrsing, MS Information Technology Specialist Technology and its influence on the way we communicate has impacted how we interact with others. The amount of information that is available makes it more difficult to sift through all that we find. Keeping your mail organized so you can find things, using search techniques that focus on current and verified sources, distributing and gathering information from students and parents in an efficient and organized method, are all ways 	TBA

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	<p>that you can use Google Drive/Apps to help you. This workshop will focus on</p> <ul style="list-style-type: none"> • Organizing Google’s Gmail (using filters and mail rules) • Creating google web sites for distributing information • Setting up google forms and spreadsheets for gathering information • Using google search filters • Sharing and collaborating your work. <p>Bring your device and be ready to logon to your google/Gmail account.</p>	
12:15 1:30	<p>Luncheon Provided</p> <p>Presentation from ConvenientMD on their School Nurse Partnership Program</p> <p>Presentation from Connecticut School Nurse Association on the New England School Conference for May 2016.</p>	Grand Ballroom
1:30 2:30	<p><i>Cultural Diversity</i></p> <p>Dottie Morris, Phd Chief Officer of Diversity and Multiculturalism Keene State College</p> <p>For years, Dottie has worked with undergraduate and graduate students in the capacity of counselor, teacher, academic advisor, and advisor of student groups. She has demonstrated a consistent and persistent dedication and devotion to diversity, inclusion, multiculturalism and social justice over the past two decades.</p>	
2:30 3:00	Break / Exhibition Hall	Exhibition Hall
3:00 4:00	<p><i>Breakouts:</i> Please be sure to pick a first and second choice on your registration form.</p> <p><i>1. "My Tummy Hurts": Assessment of the Pediatric Abdomen</i> Dr. Jeffrey Collins, Medical Director ConvenientMD</p> <p>Dr. Collins is nationally recognized for his work in establishing national ambulatory quality guidelines for the provision of urgent care and for his medical research in the urgent care field. Dr. Collins is Course Co-Director for the MGH Departments of Medicine, Pediatrics and Medicine/Pediatrics courses in “Urgent Care Medicine” and “Community- Oriented Primary Care.” He is an Instructor in Medicine at the Harvard Medical School and a Clinical Instructor of Medicine at the Boston University School of Medicine.</p> <p><i>2. Child Sexual and Emotional Abuse: Suspicions and Community Response</i></p> <p>Deborah Pullin, MPH, ARNP-PCP is the Acting Director for the Child Advocacy and Protection Program team at the Children’s Hospital at Dartmouth, working with multidisciplinary team and teaching in pediatric residency and medical school.. She serves on several CAC teams in both New Hampshire and Vermont, NH Attorney General Task Force of Child Abuse and Neglect, and the NH Child Fatality Review Committee.</p>	TBA

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3 rd Breakout	<p>3. Management of Headaches in Children and Adolescents Evie M. Stacy, APRN, MS Dartmouth-Hitchcock Manchester Specialties: Pediatric Neurology</p>	
4:00 4:30	<p><i>New Hampshire School Nurse Association Annual Meeting</i> All New Hampshire Nurses are invited to attend. Hear what your association has been doing for you. Celebrate our specialty by honoring our New Hampshire School Nurse of the Year.</p>	
5:00	<p><i>Underbelly Walking Tour of Portsmouth</i> <u>The Portsmouth Underbelly Historic Walking Tour</u> is all the history you want to know that is not included in the history books. It's all true – it's just a little naughty SORRY, THIS ACTIVITY HAS SOLD OUT!</p>	In Front of Rusty Hammer Restaurant
	Dinner will be on your own Saturday Night. See the hospitality table for suggestions.	

Sunday, May 3rd 8:00 AM to 1:00 PM

8:00 8:45	Breakfast Provided	Grand Ballroom
8:45 10:15	<p><i>School Nurses Role in Integrative Health</i> Matthew M. Hand, DO Pediatric Nephrology Elliot Pediatric Integrative Medicine Because traditional medicine isn't always enough... The goal of integrative care is to incorporate all healing modalities into patient care. Integrative medicine (IM) can be defined as an approach to the practice of medicine that makes use of the best available evidence taking into account the whole person (body, mind, and spirit), including all aspects of lifestyle. The primary concept is that all patients, regardless of disease, have more wellness than disease and our mission is to emphasize the wellness and augment the healing process.</p>	
10:15 10:30	Break	
10:30 11:45	<p><i>Street Drugs / Pharming</i> Laurie A. Warnock, MPH NH Education Coordinator Northern New England Poison Center</p>	
11:45 12:45	<p><i>Smart Phones and Parent Child Interaction: Friend or Foe?</i> Jenny Radesky, MD, clinical instructor in Developmental-Behavioral Pediatrics at Boston University School of Medicine and a former fellow in pediatrics at Boston Medical Center.</p>	Grand Ballroom
12:45 1:00	Closing Remarks	

