

April 30th and May 1st, 2022 Sheraton Portsmouth Harborside Hotel 250 Market Street · Portsmouth, New Hampshire, 03801

FRIDAY NIGHT EARLY REGISTRATION

For those arriving Friday night, Conference Registration is open 5:00 to 8:00 in our special "Hospitality Room". Join us for informal networking, refreshments, and information on all that Portsmouth has to offer. The room number for this gathering will be emailed to you closer to the date.

	SATURDAY, APRIL 30TH				
7:15 - 8:00	Registration and Breakfast Our Hospitality committee will be available to give you information on all that historic Portsmouth has to offer.	Main Hal			
8:00 - 8:15	Welcome & Introductions Paula MacKinnon RN President, New Hampshire School Nurses Association	Grand Ballroom			
8:15 - 8:45	Welcome to Portsmouth Congressman Chris Pappas U.S. Representative for New Hampshire's 1st Congressional District	Grand Ballroom			
8:45 - 10:15	Climate Change and Student Health Patrice K. Nicholas, DNSc, MPH, MSN Director of Global Health and Academic Partnerships Suellen Breakey, PhD, RN Center for Climate Change, Climate Justice, and Health MGH Institute of Health Professions	Grand Ballroom			
	Climate change is the greatest public health threat of the 21st century and is associated with environmental degradation and deleterious health consequences. Greenhouse gas emissions are responsible for an alarming increase in the warming of the planet, shifts in weather patterns, loss of arable land, and exacerbations of acute health issues, chronic health problems, and disaster-related health consequences.				
10:15 - 11:00	Exhibit Hall is Open Please visit our sponsors and exhibitors waiting for you in the Harbor's Edge Room. Support your state associations by buying some raffle tickets!	Harbor's Edge Room			

	BREAKOUT 11:00 TO 12:30	
Breakout One 11:00- 12:30	One Pill Can Kill / Criminal Drug Networks Are Flooding the U.S. with Deadly Fentanyl DEA Agent Brian O'Keefe Criminal drug networks are mass-producing fake pills and falsely marketing them as legitimate prescription pills to deceive the American public. Fake prescription pills are easily accessible and often sold on social media and e-commerce platforms, making them available to anyone with a smartphone, including minors.	TBD
Breakout Two 11:00- 12:30	Expanding the Rainbow: Understanding the Needs of the LGBTQIA+ Patient Vanessa Pomarico, Ed.D, APRN, FNP-BC, FAANP The LGBTQIA+ population has evolved over the past several years to include other gender non-conforming and gender minority populations. The individual needs of each population within this acronym vary and as a result need to have specialized, focused care in order to meet their healthcare needs. These gender and sexual minorities still encounter issues concerning sexuality, identity, gender and freedom of expression with their healthcare providers.	TBD
Breakout Three 11:00- 12:30	Anxiety and Depression in Children and Adolescents Evie M. Stacy, MS, APRN This session will review anxiety and depressive disorders in children/adolescents as well as treatment strategies for these disorders.	TBD
Breakout Four 11:00- 12:30	Sprains, Strains, Bumps, & Bruises - Assessing Common Childhood Injuries in the School Setting Dr. Debra E. Margolis Vice President of Medical Directorship ConvenientMD Do you often wish you had X-Ray vision? School nurses are often faced with the challenge of identifying and treating orthopedic injuries.	TBD
12:30 - 1:30	Lunch is served buffet style in the Main Hall Exhibit Hall is open Be sure to check out the state raffles!	
1:30 - 2:30	School Nurses Role in Integrative Health Because traditional medicine isn't always enough Matthew Hand DO The goal of integrative care is to incorporate all healing modalities into patient care. Integrative medicine (IM) can be defined as an approach to the practice of medicine that makes use of the best available evidence taking into account the whole person (body, mind, and spirit), including all aspects of lifestyle. The primary concept is that all patients, regardless of disease, have more wellness than disease and our mission is to emphasize the wellness and augment the healing process.	Grand Ballroom
2:30 – 3:15	Exhibit Hall is Open Please visit our sponsors and exhibitors waiting for you in the Harbor's Edge Room. Support your state associations by buying some raffle tickets!	Harbor's Edge Room

	PM BREAKOUTS 3:15 TO 4:30	
Breakout One 3:15 – 4:30	 Four Poster Presentations (Fourth will be added) 1. School Nurses Practices Promoting Self-Management and Healthcare Transition Skills for Adolescents with Chronic Conditions in Urban Public Schools: A Mixed Methods Study Roselaine Charlucien-Koech, DNP, M.Ed., RN Boston Public Schools This research highlights challenges school nurses expressed in terms of barriers that inhibit their ability to promote self-management skills to support the learning needs of students with chronic conditions. 	TBD
	2. Clinical Care Coordination Program Ellen Capstick, RN, MSN, NCSN Kim Pelczarski, LPN Worcester Public Schools Worcester Public Schools started a program which trained CNA's and LPN's to care for the medically complex children of the district. The presenters will share their experiences in successfully hiring and training nursing staff for this new program.	
	3. School Nurses' Reports on Reopening Roles, Practices, and Concerns During the COVID-19 Pandemic at the Start of the 2020–2021 School Jenny M. Gormley, DNP, MSN, BA, RN, NCSN Director of Northeastern University School Health Academy Jenny will share her research findings related to school nurses' roles, practices, and concerns during the COVID-19 pandemic as well as recommendations for	
Breakout Two 3:15 – 4:30	supporting school nurses' roles during the COVID pandemic and beyond. New England is the Bull's Eye for Several Vector-Borne Diseases Sandra Delack, RN, BSN, M.Ed., NCSN Stephen Rich Professor of Microbiology, UMASS Vector-borne diseases are bacterial and viral diseases transmitted by mosquitoes, ticks and other insects. Some of these diseases have been present in the United States for many years, while others have recently emerged.	TBD
Breakout Three 3:15 – 4:30	Child Anxiety and the CALM Study The Department of Psychiatry at the University of Connecticut Health Center Many elementary school students experience anxiety that interferes with learning and achievement, but few receive services. To expand the network of support for these young students, IES-funded researchers have turned to school nurses as a potential front-line resource. The Child Anxiety Learning Modules (CALM) intervention incorporates cognitive-behavioral therapy (CBT) and other evidence-based strategies for school nurses to use when a child has vague somatic complaints that often signal underlying anxiety.	TBD
Breakout Four 3:15 – 4:30	Supplements and Steroids: A Health Issue on the Rise Brian Parker, Director of Education Taylor Hooton Foundation The Taylor Hooton Foundation is the nation's leading organization dedicated to educating our youth and their adult influencers on the dangers of Appearance and	TBD

	Performance Enhancing Substances including high risk dietary supplements, energy drinks, Human Grown Hormone and Anabolic Steroids. This substance usage has reached epidemic proportions.	
5:00	Historic Portsmouth Legends and Ghost Walk	
	Join the author of the bestselling book Haunted Portsmouth, Roxie J. Zwicker for an evening walk to some of the most historic and haunted locations in downtown Portsmouth, New Hampshire. If the event is not sold out, tickets will be available at the registration desk.	
	Meet in the front lobby by 5:00, and we will walk together to the starting point. The walk is approximately 90 minutes with many stops along the way. Wear your walking shoes! https://newenglandcuriosities.com/	
	Make Dinner Reservations for Restaurant Week	
	Pore over the menus ahead of time or choose to be surprised! This special culinary affair will not disappoint. Just be sure to make a reservation when you can, as space fills up quickly during the Seacoast's 10-day culinary event of the season.	
	<u>Visit the Website</u>	
	SUNDAY, MAY 1ST	
7:30 - 8:30	Breakfast	Main Hall
8:30 - 8:45	NASN Greetings Linda Mendonca, MSN, NCSN, PHNA-BC, FNASN	Grand Ballroom
	President, National Association of School Nurses	
8:45 - 10:15	Emerging and Re-Emerging Diseases: The School Nurse Role Meghan May, PhD Assistant Professor of Biomedical Sciences University of New England	Grand Ballroom
	Emerging and re-emerging infectious diseases are increasingly recognized as a threat to community health. School nurses are likely to be some of the first-line "diagnosticians" of clusters of unusual clinical presentations, and therefore play a key role in reporting and recognizing emerging disease outbreaks. This presentation will describe some of the factors that contribute to emerging and remerging diseases, and some of the "red flags" for new and reportable illnesses in school-age children.	
10:15 - 10:30	Break	
10:30 - 12:00	Experiences With Incivility During the COVID-19 Pandemic Rosemary Ann Taylor PhD, RN, CNL NH Healthcare Violence Prevention Workgroup	
	Incivility among workers in the health sector is recognized as an occupational hazard. The COVID-19 outbreak brought sudden and profound changes to many health care settings, many of which have been identified as antecedents to workplace incivility. This presentation explores the experiences of registered nurses with workplace incivility, cyber-incivility, and incivility outside of work during the early phase of the COVID-19 pandemic.	